

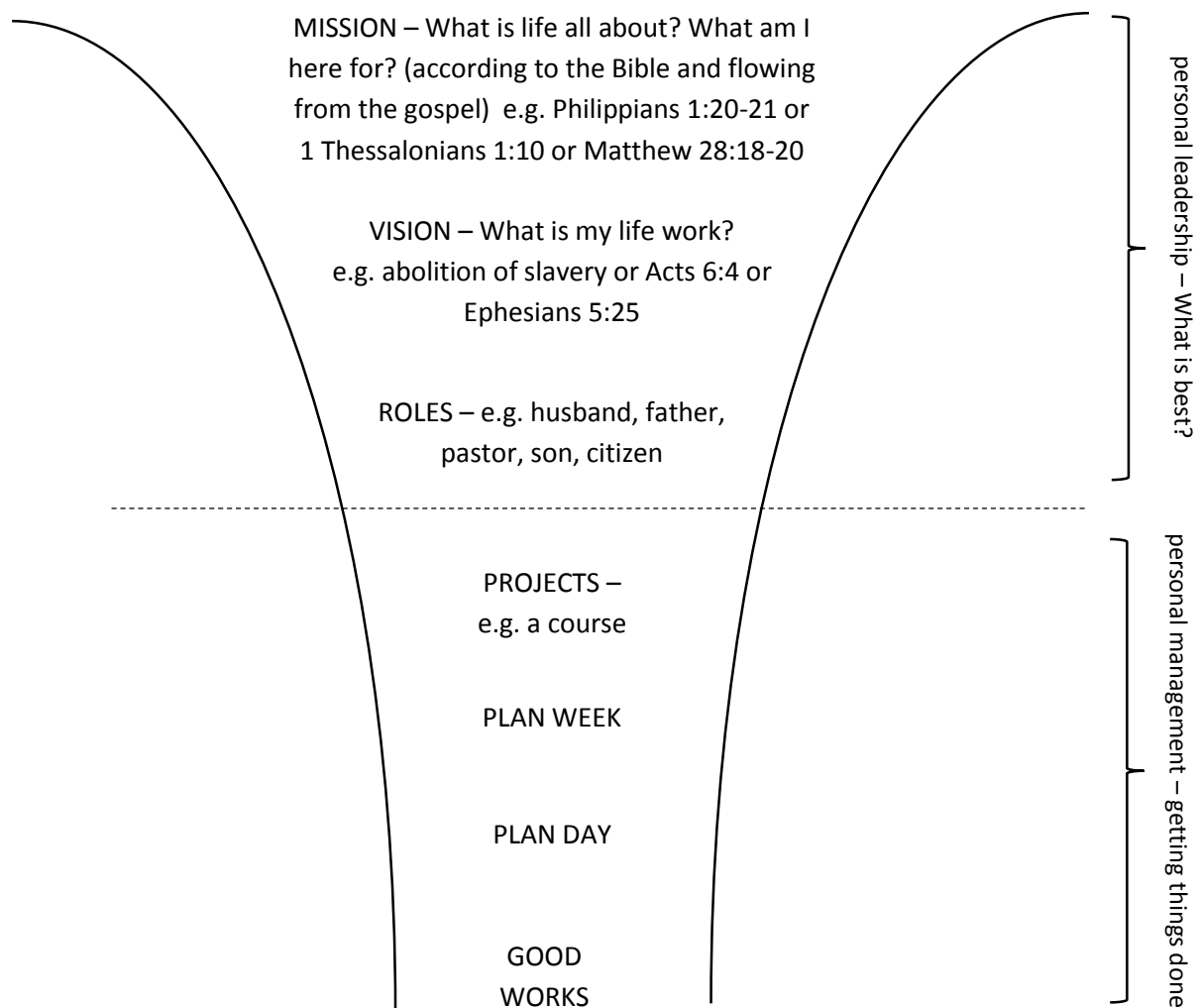
What's Best Next [Matt Perman]

A fruitful and focused life

Titus 2:14 – who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

Titus 3:8 – I want you to stress these things, so that those who have trusted in God may be careful to devote themselves to doing what is good

Titus 3:14 – Our people must learn to devote themselves to doing what is good, in order to provide for urgent needs and not live unproductive lives

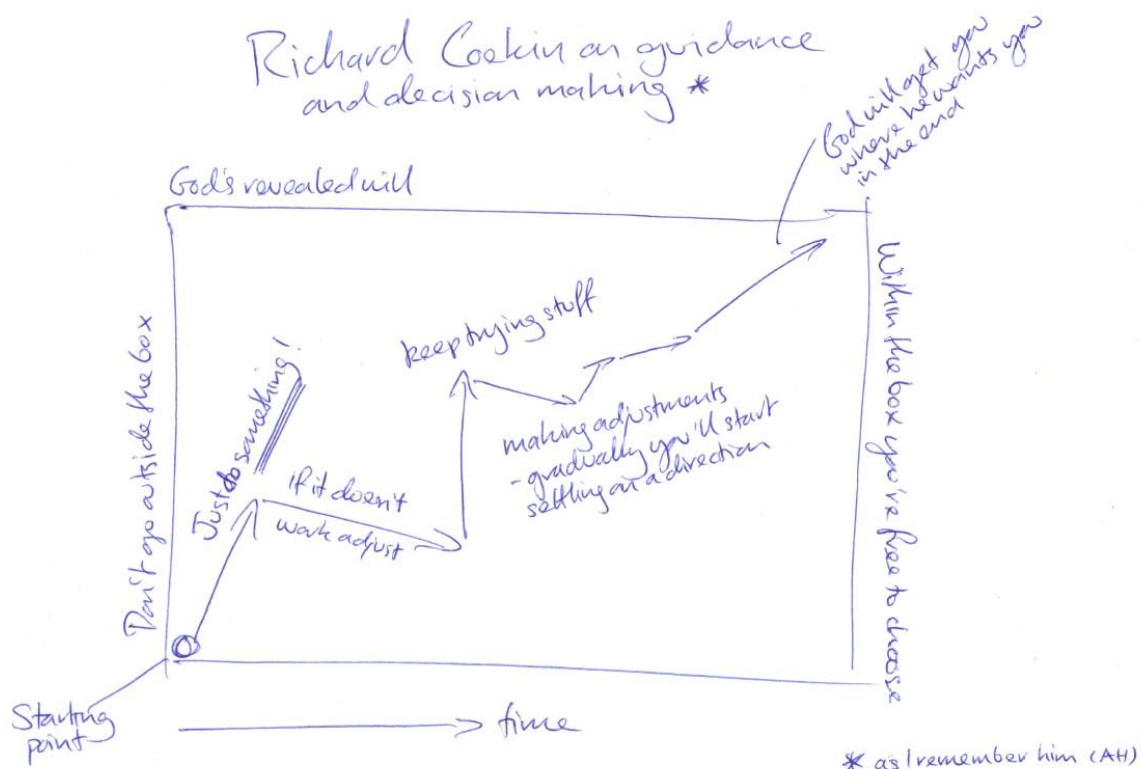


<http://whatsbestnext.com/>

<https://watumishwaneno.wordpress.com/2015/02/16/rtb-nairobi-whats-best-next/>

Questions to ask:

- What is my mission? Write it on your wall or front of your diary or Bible.
- What is my life work? Just do something and see where your strengths and passions are.



- What are my roles? Brainstorm.
- What projects?
 - Just one or two
 - Have a Projects list & a Master To-Do/Actions list
- What do I need to do this week? Get some routine.
 1. Pray
 2. Brainstorm: What do I need to do, what would I like to do
 - Review mission and life work
 - Review roles
 - Review project & action lists
 - Review calendar
 3. Separate large from small
 4. Prune list - prioritise, delegate, drop, squeeze, automate, defer
 5. Schedule week – 4 large and 20 small
- What do I is the best thing to do today?
 1. Review diary and weekly lists
 2. Plan 3 most important tasks (and a few very small actions) – think of time as space – how big are the tasks and how many can I fit in the cupboard called today?
 3. [Process email to zero](#) (2 min rule; Answer; File; Hold; Read)
 4. Do most important thing
- What is best next? If forget all else just do the best thing (in accordance with mission) next.